

NATIVE POLLINATOR-FRIENDLY WILDFLOWER SPECIES

See full Recommended Species List for value to pollinators,
flowering months, & local suppliers.

*evergreen species are shaded green

*ground covers are shaded tan

SUN-LOVING WILDFLOWERS (1st of 4 Wildflower Lists)

SCIENTIFIC NAME	COMMON NAME
<u><i>Asclepias syriaca</i></u>	Common Milkweed
<u><i>Asclepias tuberosa</i></u>	Butterfly milkweed
<u><i>Asclepias verticillata</i></u>	Whorled milkweed
<u><i>Coreopsis tripteris</i></u>	Tall tickseed
<u><i>Eryngium yuccifolium</i></u>	Rattlesnake master
<u><i>Eupatorium</i></u>	Hyssopleaf
<u><i>hyssopifolium</i></u>	thoroughwort
<u><i>Helenium autumnale</i></u>	Common sneezeweed
<u><i>Helenium flexuosum</i></u>	Purplehead sneezeweed
<u><i>Helianthus tuberosus</i></u>	Jerusalem artichoke

<u><i>Heliopsis helianthoides</i></u>	False sunflower
<u><i>Liatris microcephala</i></u>	Smallhead blazing star
<u><i>Liatris spicata</i></u>	Dense Blazing-star
<u><i>Liatris squarrosa</i></u>	Scaly Blazingstar
<u><i>Phlox maculata</i></u>	Wild sweetwilliam, Phlox
<u><i>Phlox paniculata</i></u>	Fall phlox
<u><i>Rudbeckia fulgida</i></u>	Orange coneflower
<u><i>Solidago rugosa</i></u>	Wrinkle-leaf goldenrod
<u><i>Solidago speciosa</i></u>	Showy Goldenrod
<u><i>Symphotrichum oblongifolium</i></u>	Aromatic aster
<u><i>Symphotrichum pilosum</i></u>	Frost aster, Heath aster
<u><i>Vernonia noveboracensis</i></u>	New York Ironweed
<u><i>Veronicastrum virginicum</i></u>	Culver's root

**SUN/SHADE-LOVING
WILDFLOWERS—MORE WIDELY
AVAILABLE (2nd of 4 Wildflower Lists)**

SCIENTIFIC NAME	COMMON NAME
<u>Allium cernuum</u>	Nodding Onion
<u>Amsonia tabernaemontana</u>	Eastern Blue Star
<u>Antennaria plantaginifolia</u>	Plantain-leaf Pussytoes
<u>Asclepias exaltata</u>	Poke milkweed
<u>Asclepias incarnata</u>	Swamp Milkweed
<u>Chelone glabra</u>	White turtlehead
<u>Chelone lyonii</u>	Pink Turtlehead
<u>Chrysopsis mariana</u>	Maryland goldenaster
<u>Echinacea purpurea</u>	Purple coneflower
<u>Eupatoriadelphus fistulosus</u>	Hollow-stem Joe-pyeweed
<u>Eupatorium perfoliatum</u>	Common boneset
<u>Eutrochium maculatum</u>	Purple Joe-Pye weed
<u>Fragaria virginiana</u>	Wild Strawberry
<u>Gillenia trifoliata</u>	Bowman's root
<u>Hibiscus moscheutos</u>	Marsh mallow hibiscus
<u>Lobelia cardinalis</u>	Cardinal Flower
<u>Lobelia siphilitica</u>	Great Blue Lobelia

<u>Monarda didyma</u>	Scarlet bee balm
<u>Monarda fistulosa</u>	Wild bergamot, Beebalm
<u>Monarda punctata</u>	Spotted Beebalm
<u>Packera aurea</u>	Golden ragwort
<u>Penstemon smallii</u>	Blue Ridge beardtongue
<u>Phlox subulata</u>	Creeping Phlox
<u>Physostegia virginiana</u>	Obedient plant
<u>Pycnanthemum incanum</u>	Hoary mountainmint
<u>Pycnanthemum muticum</u>	Clustered mountainmint
<u>Pycnanthemum tenuifolium</u>	Slender Mountain Mint
<u>Rudbeckia hirta</u>	Black-eyed Susan (biennial)
<u>Rudbeckia laciniata</u>	Sochan, Cutleaf coneflower
<u>Rudbeckia triloba</u>	Brown-eyed Susan
<u>Silphium perfoliatum</u>	Cup plant

<u><i>Sisyrinchium angustifolium</i></u>	Narrow-leaved blue-eyed grass
<u><i>Solidago chilensis</i></u>	Aniscented goldenrod
<u><i>Symphotrichum novae-angliae</i></u>	New England Aster
<u><i>Thermopsis villosa</i></u>	Carolina Bush Pea
<u><i>Tradescantia ohiensis</i></u>	Ohio Spiderwort
<u><i>Zizia aurea</i></u>	Golden Alexanders

**SUN/SHADE-LOVING
WILDFLOWERS--LESS COMMONLY
AVAILABLE (3rd of 4 Wildflower Lists)**

SCIENTIFIC NAME	COMMON NAME
<u><i>Anemone virginiana</i></u>	Thimbleweed
<u><i>Asarum arifolium</i></u>	Little brown jugs
<u><i>Baptisia tinctoria</i></u>	Yellow Wild indigo
<u><i>Campanulastrum americanum</i></u>	American bellflower
<u><i>Chelone obliqua</i></u>	Red turtlehead
<u><i>Cirsium altissimum</i></u>	Tall thistle

<u>Conoclinium coelestinum</u>	Blue mist flower
<u>Coreopsis auriculata</u>	Lobed tickseed
<u>Coreopsis grandiflora</u>	Coreopsis
<u>Coreopsis lanceolata</u>	Lanceleaf coreopsis
<u>Coreopsis major</u>	Greater tickseed
<u>Coreopsis pubescens</u>	Hairy coreopsis
<u>Coreopsis verticillata</u>	Whorled tickseed
<u>Delphinium exaltatum</u>	Tall larkspur
<u>Eupatorium sessilifolium</u>	Upland boneset
<u>Gentiana clausa</u>	Bottle gentian
<u>Gentiana decora</u>	Appalachian gentian
<u>Gentianella quinquefolia</u>	Eastern Agueweed
<u>Hedeoma pulegoides</u>	American pennyroyal (annual)
<u>Helianthus decapetalus</u>	Paleleaf woodland sunflower
<u>Helianthus hirsutis</u>	Hairy sunflower
<u>Houstonia purpurea</u>	Purple bluets
<u>Hypericum punctatum</u>	Spotted St. Johnswort

<u><i>Impatiens pallida</i></u>	Yellow jewelweed (annual)
<u><i>Iris verna</i></u>	Dwarf violet iris
<u><i>Lysimachia quadrifolia</i></u>	Loosestrife
<u><i>Oenothera fruticosa</i></u>	Sundrops
<u><i>Penstemon canescens</i></u>	Appalachian beardtongue
<u><i>Phlox carolina</i></u>	Carolina phlox
<u><i>Pycnanthemum montanum</i></u>	Thinleaf Mountain Mint
<u><i>Salvia lyrata</i></u>	Lyreleaf sage
<u><i>Scutellaria incana</i></u>	Hoary skullcap
<u><i>Scutellaria ovata</i></u>	Heartleaf skullcap
<u><i>Silene virginica</i></u>	Fire Pink
<u><i>Solidago bicolor</i></u>	White goldenrod
<u><i>Solidago flexicaulis</i></u>	Broad leaf goldenrod
<u><i>Solidago sphacelata</i></u>	Autumn goldenrod
<u><i>Symphotricum patens</i></u>	Late purple aster
<u><i>Verbena hastata</i></u>	Blue vervain
<u><i>Verbesina alternifolia</i></u>	Wingstem
<u><i>Viola pedata</i></u>	Birdfoot violet

<u>Viola sororia</u>	Common blue violet
<u>Zizia aptera</u>	Heartleaf golden alexanders

SHADE-LOVING WILDFLOWERS (4th of 4 Wildflower Lists)

<u>Actaea podocarpa</u>	Mountain bugbane
<u>Actaea racemosa</u>	Black Cohosh
<u>Aquilegia canadensis</u>	Wild columbine
<u>Arisaema triphyllum</u>	Jack-in-the-pulpit
<u>Aruncus dioicus var. dioicus</u>	Goat's beard
<u>Asarum canadense</u>	Wild Ginger
<u>Astilbe biternata</u>	False Goatsbeard
<u>Cardamine diphylla</u>	Two-leaved Toothwort
<u>Caulophyllum thalictroides</u>	Blue Cohosh
<u>Chrysogonum virginianum</u>	Green and Gold

<u><i>Dicentra eximia</i></u>	Wild Bleeding Heart
<u><i>Erythronium americanum</i></u>	Yellow Trout Lily
<u><i>Eurybia divaricata</i></u>	White Wood Aster
<u><i>Geranium maculatum</i></u>	Wild Geranium
<u><i>Helianthus angustifolius</i></u>	Swamp sunflower
<u><i>Hepatica acutiloba</i></u>	Sharp-lobed hepatica
<u><i>Heuchera americana</i></u>	Coral Bells
<u><i>Heuchera villosa</i></u>	Rock Alumroot
<u><i>Impatiens capensis</i></u>	Jewelweed (annual)
<u><i>Iris cristata</i></u>	Dwarf Crested Iris
<u><i>Lilium michauxii</i></u>	Carolina lily
<u><i>Lilium superbum</i></u>	Turk's-cap Lily
<u><i>Pachysandra procumbens</i></u>	Allegheny spurge
<u><i>Phacelia bipinnatifida</i></u>	Fernleaf phacelia (biennial)
<u><i>Phlox divaricata</i></u>	Eastern Blue Phlox
<u><i>Phlox stolonifera</i></u>	Creeping Phlox
<u><i>Podophyllum cymosum</i></u>	Umbrella Leaf
<u><i>Polygonatum biflorum</i></u>	Solomon's seal

<u><i>Primula meadia</i></u>	Shooting star
<u><i>Sanguinaria canadensis</i></u>	Bloodroot
<u><i>Sedum ternatum</i></u>	Woodland stonecrop
<u><i>Solidago curtisii</i></u>	Curtis' Goldenrod
<u><i>Spigilea marilandica</i></u>	Indian pink
<u><i>Symphyotrichum cordifolium</i></u>	Blue Wood Aster
<u><i>Thalictrum pubescens</i></u>	Tall meadowrue
<u><i>Tiarella cordifolia</i></u>	Foamflower
<u><i>Trillium erectum</i></u>	Wake robin trillium
<u><i>Trillium catesbaei</i></u>	Catesby's trillium
<u><i>Trillium cuneatum</i></u>	Little sweet Betsy
<u><i>Trillium grandiflorum</i></u>	Great white trillium
<u><i>Trillium luteum</i></u>	Yellow Trillium
<u><i>Viola blanda</i></u>	Sweet white violet
<u><i>Viola rotundifolia</i></u>	Roundleaf yellow violet
<u><i>Viola striata</i></u>	Striped cream violet