

Native Pollinator-Friendly Wildflower Species

See the [full Recommended Species List](#) for value to pollinators, flowering months, & local suppliers.

*evergreen species are shaded green

*ground covers are shaded yellow

SUN-LOVING WILDFLOWERS (1/4 Wildflower Lists)

Scientific Name	Common Name
<u><i>Asclepias syriaca</i></u>	Common milkweed
<u><i>Asclepias tuberosa</i></u>	Butterfly milkweed
<u><i>Asclepias verticillata</i></u>	Whorled milkweed
<u><i>Coreopsis tripteris</i></u>	Tall tickseed
<u><i>Eryngium yuccifolium</i></u>	Rattlesnake master
<u><i>Eupatorium hyssopifolium</i></u>	Hyssopleaf thoroughwort
<u><i>Helenium autumnale</i></u>	Common sneezeweed
<u><i>Helenium flexuosum</i></u>	Purplehead sneezeweed
<u><i>Helianthus tuberosus</i></u>	Jerusalem artichoke
<u><i>Heliopsis helianthoides</i></u>	False sunflower
<u><i>Liatris microcephala</i></u>	Smallhead blazing star

<u><i>Liatris spicata</i></u>	Dense Blazing-star
<u><i>Liatris squarrosa</i></u>	Scaly Blazingstar
<u><i>Penstemon digitalis</i></u>	Foxglove Beardtongue
<u><i>Phlox maculata</i></u>	Wild sweetwilliam, Phlox
<u><i>Phlox paniculata</i></u>	Fall phlox
<u><i>Rudbeckia fulgida</i></u>	Orange coneflower
<u><i>Solidago rugosa</i></u>	Wrinkle-leaf goldenrod
<u><i>Solidago speciosa</i></u>	Showy Goldenrod
<u><i>Symphotrichum oblongifolium</i></u>	Aromatic aster
<u><i>Symphotrichum pilosum</i></u>	Frost aster, Heath aster
<u><i>Vernonia noveboracensis</i></u>	New York Ironweed
<u><i>Veronicastrum virginicum</i></u>	Culver's root

**SUN/SHADE-LOVING WILDFLOWERS
MORE WIDELY AVAILABLE
(2/4 Wildflower Lists)**

Scientific Name	Common Name
<u><i>Allium cernuum</i></u>	Nodding Onion
<u><i>Amsonia tabernaemontana</i></u>	Eastern Blue Star
<u><i>Antennaria plantaginifolia</i></u>	Plantain-leaf Pussytoes

<u><i>Asclepias exaltata</i></u>	Poke milkweed
<u><i>Asclepias incarnata</i></u>	Swamp Milkweed
<u><i>Chelone glabra</i></u>	White turtlehead
<u><i>Chelone lyonii</i></u>	Pink Turtlehead
<u><i>Chrysopsis mariana</i></u>	Maryland goldenaster
<u><i>Echinacea purpurea</i></u>	Purple coneflower
<u><i>Eupatoriadelphus fistulosus</i></u>	Hollow-stem Joe-pye weed
<u><i>Eupatorium perfoliatum</i></u>	Common boneset
<u><i>Eutrochium maculatum</i></u>	Purple Joe-Pye weed
<u><i>Fragaria virginiana</i></u>	Wild Strawberry
<u><i>Gillenia trifoliata</i></u>	Bowman's root
<u><i>Hibiscus moscheutos</i></u>	Marsh mallow hibiscus
<u><i>Lobelia cardinalis</i></u>	Cardinal Flower
<u><i>Lobelia siphilitica</i></u>	Great Blue Lobelia
<u><i>Monarda didyma</i></u>	Scarlet bee balm
<u><i>Monarda fistulosa</i></u>	Wild bergamot, Beebalm
<u><i>Monarda punctata</i></u>	Spotted Beebalm
<u><i>Packera aurea</i></u>	Golden ragwort
<u><i>Penstemon digitalis</i></u>	Foxglove Beardtongue
<u><i>Penstemon smallii</i></u>	Blue Ridge beardtongue
<u><i>Phlox subulata</i></u>	Creeping Phlox

<i>Physostegia virginiana</i>	Obedient plant
<i>Pycnanthemum incanum</i>	Hoary mountain mint
<i>Pycnanthemum muticum</i>	Clustered mountain mint
<i>Pycnanthemum tenuifolium</i>	Slender mountain mint
<i>Rudbeckia hirta</i>	Black-eyed Susan (biennial)
<i>Rudbeckia laciniata</i>	Sochan, Cutleaf coneflower
<i>Rudbeckia triloba</i>	Brown-eyed Susan
<i>Silphium perfoliatum</i>	Cup plant
<i>Sisyrinchium angustifolium</i>	Narrow-leaved blue-eyed grass
<i>Solidago chilensis</i>	Aniscented goldenrod
<i>Symphotrichum novae-angliae</i>	New England Aster
<i>Thermopsis villosa</i>	Carolina Bush Pea
<i>Tradescantia ohiensis</i>	Ohio Spiderwort
<i>Zizia aurea</i>	Golden Alexanders

**SUN/SHADE-LOVING WILDFLOWERS
LESS COMMONLY AVAILABLE
(3/4 Wildflower Lists)**

Scientific Name	Common Name
<i>Anemone virginiana</i>	Thimbleweed

<u><i>Asarum arifolium</i></u>	Little brown jugs
<u><i>Baptisia tinctoria</i></u>	Yellow Wild indigo
<u><i>Campanulastrum americanum</i></u>	American bellflower
<u><i>Chelone obliqua</i></u>	Red turtlehead
<u><i>Cirsium altissimum</i></u>	Tall thistle
<u><i>Conoclinium coelestinum</i></u>	Blue mist flower
<u><i>Coreopsis auriculata</i></u>	Lobed tickseed
<u><i>Coreopsis grandiflora</i></u>	Coreopsis
<u><i>Coreopsis lanceolata</i></u>	Lanceleaf coreopsis
<u><i>Coreopsis major</i></u>	Greater tickseed
<u><i>Coreopsis pubescens</i></u>	Hairy coreopsis
<u><i>Coreopsis verticillata</i></u>	Whorled tickseed
<u><i>Delphinium exaltatum</i></u>	Tall larkspur
<u><i>Eupatorium sessilifolium</i></u>	Upland boneset
<u><i>Gentiana clausa</i></u>	Bottle gentian
<u><i>Gentiana decora</i></u>	Appalachian gentian
<u><i>Gentianella quinquefolia</i></u>	Eastern Agueweed
<u><i>Hedeoma pulegoides</i></u>	American pennyroyal (annual)
<u><i>Helianthus decapetalus</i></u>	Paleleaf woodland sunflower
<u><i>Helianthus hirsutis</i></u>	Hairy sunflower
<u><i>Houstonia purpurea</i></u>	Purple bluets

<u><i>Hypericum punctatum</i></u>	Spotted St. Johnswort
<u><i>Impatiens pallida</i></u>	Yellow jewelweed (annual)
<u><i>Iris verna</i></u>	Dwarf violet iris
<u><i>Lysimachia quadrifolia</i></u>	Loosestrife
<u><i>Oenothera fruticosa</i></u>	Sundrops
<u><i>Penstemon canescens</i></u>	Appalachian beardtongue
<u><i>Phlox carolina</i></u>	Carolina phlox
<u><i>Pycnanthemum montanum</i></u>	Thinleaf Mountain Mint
<u><i>Salvia lyrata</i></u>	Lyreleaf sage
<u><i>Scutellaria incana</i></u>	Hoary skullcap
<u><i>Scutellaria ovata</i></u>	Heartleaf skullcap
<u><i>Silene virginica</i></u>	Fire Pink
<u><i>Solidago bicolor</i></u>	White goldenrod
<u><i>Solidago flexicaulis</i></u>	Broad leaf goldenrod
<u><i>Solidago sphacelata</i></u>	Autumn goldenrod
<u><i>Symphotricum patens</i></u>	Late purple aster
<u><i>Verbena hastata</i></u>	Blue vervain
<u><i>Verbesina alternifolia</i></u>	Wingstem
<u><i>Viola pedata</i></u>	Birdfoot violet
<u><i>Viola sororia</i></u>	Common blue violet
<u><i>Zizia aptera</i></u>	Heartleaf golden alexanders

SHADE-LOVING WILDFLOWERS (4/4 Wildflower Lists)

Scientific Name	Common Name
<u><i>Actaea podocarpa</i></u>	Mountain bugbane
<u><i>Actaea racemosa</i></u>	Black Cohosh
<u><i>Aquilegia canadensis</i></u>	Wild columbine
<u><i>Arisaema triphyllum</i></u>	Jack-in-the-pulpit
<u><i>Aruncus dioicus var. dioicus</i></u>	Goat's beard
<u><i>Asarum canadense</i></u>	Wild Ginger
<u><i>Astilbe biternata</i></u>	False Goatsbeard
<u><i>Cardamine diphylla</i></u>	Two-leaved Toothwort
<u><i>Caulophyllum thalictroides</i></u>	Blue Cohosh
<u><i>Chrysogonum virginianum</i></u>	Green and Gold
<u><i>Dicentra eximia</i></u>	Wild Bleeding Heart
<u><i>Erythronium americanum</i></u>	Yellow Trout Lily
<u><i>Eurybia divaricata</i></u>	White Wood Aster
<u><i>Geranium maculatum</i></u>	Wild Geranium
<u><i>Helianthus angustifolius</i></u>	Swamp sunflower

<u><i>Hepatica acutiloba</i></u>	Sharp-lobed hepatica
<u><i>Heuchera americana</i></u>	Coral Bells
<u><i>Heuchera villosa</i></u>	Rock Alumroot
<u><i>Impatiens capensis</i></u>	Jewelweed (annual)
<u><i>Iris cristata</i></u>	Dwarf Crested Iris
<u><i>Lilium michauxii</i></u>	Carolina lily
<u><i>Lilium superbum</i></u>	Turk's-cap Lily
<u><i>Pachysandra procumbens</i></u>	Allegheny spurge
<u><i>Phacelia bipinnatifida</i></u>	Fernleaf phacelia (biennial)
<u><i>Phlox divaricata</i></u>	Eastern Blue Phlox
<u><i>Phlox stolonifera</i></u>	Creeping Phlox
<u><i>Podophyllum cymosum</i></u>	Umbrella Leaf
<u><i>Polygonatum biflorum</i></u>	Solomon's seal
<u><i>Primula meadia</i></u>	Shooting star
<u><i>Sanguinaria canadensis</i></u>	Bloodroot
<u><i>Sedum ternatum</i></u>	Woodland stonecrop
<u><i>Solidago curtisii</i></u>	Curtis' Goldenrod
<u><i>Spigilea marilandica</i></u>	Indian pink
<u><i>Symphotrichum cordifolium</i></u>	Blue Wood Aster
<u><i>Thalictrum pubescens</i></u>	Tall meadowrue
<u><i>Tiarella cordifolia</i></u>	Foamflower

<u><i>Trillium erectum</i></u>	Wake robin trillium
<u><i>Trillium catesbaei</i></u>	Catesby's trillium
<u><i>Trillium cuneatum</i></u>	Little sweet Betsy
<u><i>Trillium grandiflorum</i></u>	Great white trillium
<u><i>Trillium luteum</i></u>	Yellow Trillium
<u><i>Viola blanda</i></u>	Sweet white violet
<u><i>Viola rotundifolia</i></u>	Roundleaf yellow violet
<u><i>Viola striata</i></u>	Striped cream violet